

## Forklift Training Program St Catharines

Forklift Training Program St Catharines - The lift truck is a common powered industrial vehicle which is in wide use these days. They are occasionally referred to as jitneys, hi los or lift trucks. A departments store will make use of the forklift to unload and load products, while warehouses will make use of them in order to stack products and materials. And grocery stores make use of small models to drop stock in the aisles. Whether transporting lumber at a sawmill or loading material at a construction site, operators of forklifts are required to be trained well and licensed. The main concern should be on worker and pedestrian safety. This lift truck training program teaches the health and safety regulations governing forklifts to be able to ensure their efficient and safe use.

### Forklift Training Program Safety Tips:

Forklift training courses are designed to guarantee that the operator can safely control the forklift in tilting, traveling and lifting. Just trained operators must operate a forklift.

Safety tips while traveling - head, hands, legs, arms and feet must be kept in the forklift truck during traveling. The forks must be tilted back and low to the ground. Observe traffic signs which are posted. Reduce speed and honk the horn when taking a corner. If the vision of the driver is blocked by the load, drive in reverse slowly. Pre-check the ground for potential dangers, like objects, oily or wet spots, rough patches, holes, vehicles and people. Avoid stopping suddenly.

If a vehicle or a person crosses the lift truck's blind spot, stop the truck, lower the load, and do not continue until the path is clear. When traveling on an incline, the forks should be pointed downhill without a load and uphill with a load. The forklift should just be turned around when on level ground.

Safety guidelines when steering - When traveling at good speeds, never turn the steering wheel sharply. Support the load using the front wheels and turn utilizing the rear wheels. A truck which is overloaded would be difficult to steer. Follow load limitations. Never add a counterweight in order to improve steering.

Safety tips when loading - Adhere to the suggested load and capacity limitations of the lift truck. This information is displayed on the data plate. Always ensure that the load is placed based on the recommended load centre. The lift truck will remain steady as long as the load is kept close to the front wheels.

The mast of the forklift must be in an upright position before inserting the fork into a pallet. Prior to inserting the fork, level it.